# Best friends come in all sizes.

Volunteer with the Equine-Assisted Therapy program, and help someone find a new best friend.

## Do you love horses? Do you want to help people?

Bring your two loves together as a volunteer with Extension’s Equine-Assisted Therapy program!

As a volunteer, you will help children with special needs. You will work with a certified riding instructor and other volunteers who care about people and horses just as much as you do.

## You will:

* Help with riding classes.
* Teach riders about horse behavior, care, and grooming.
* Build bonds and understanding with the riders and horses.
* Help riders grow intellectually, socially, physically, and emotionally.

## Through the Equine-Assisted Therapy program, children and adults with special needs can:

* Improve their strength, coordination, and posture.
* Become more independent.
* Increase their confidence and self-esteem.
* Enrich their quality of life.

## Therapeutic Riding Programs

* Therapeutic horseback riding
* Hippotherapy
* Veterans Horsemanship Program

4-H Therapeutic Riding & Activity Center Core Values

* Healing
* Empowerment
* Passion
* Integrity

Equine-Assisted Therapy programs are held at

Elizabeth A. Howard Therapeutic Riding and Activity Center

1225 Old White Road South, West Point, MS 39773

To become a volunteer or learn more, contact Lori Irvin at lirvin@humansci.msstate.edu.

Certification workshops for therapeutic riding instructors are approved by the Professional Association of Therapeutic Horsemanship (PATH) International.

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For disability accommodation, please contact Cassie Brunson at cbrunson@humansci.msstate.edu.

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