

This tool is to help you make your home safer for you and your family. To complete this tool, take it to each room of your house and answer the questions. Skip any questions that don't apply to your home. At the end there will be a place to make a list of next steps to take to make your house safer for everyone living there.

This checkmark means an easy, low-cost fix you can make immediately.

This means something you can ask your landlord to fix.

This dollar sign means a fix that may cost some money and that your landlord probably won't fix.

# Family Members Living in Home Image: Constraint of the system of the

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## General Household



	Low Concern	Medium Concern	High Concern
When was your home built?	<b>D</b> After 1978	<b>D</b> 1951-1978	<b>D</b> Before 1951
Is there any chipped or peeling paint in your home?	O No		OYes
Are your emergency contact phone numbers in a place they are easy to get to?	OYes		O No
Are there any smokers in your house?	<b>D</b> <sub>No</sub>		OYes
Is there a working smoke detector in your home?	OYes		O No
Is there a fire extinguisher in your house?	OYes		O No
Is there a working carbon monoxide detector in your house?	OYes		O No
How do you heat your home?	DElectric/furnace	■Space heater	<b>D</b> Fireplace, stove, oven
If you use a space heater, what kind is it?	<b>O</b> oil-filled		Open coils
Are there any broken windows in your home?	O No		OYes
Are there tight fitting screens on all of your windows?	OYes		O No
Are there large cracks/holes in the floor or walls?	<b>D</b> <sub>No</sub>		OYes
Are there doormats at the doors to your home?	OYes		O No
Do you keep cleaning supplies, chemicals and pesticides up high and away from children in their original containers?	OYes		O No
Do you have any leaking pipes in your home?	<b>D</b> <sub>No</sub>		OYes
Does your dryer vent to the outside?	<b>D</b> Yes, or Don't hav	ve dryer	O <sub>No</sub>
Do you store medications up high and away from children in their original packages?	OYes		
Is your hot water heater set to the middle (or lower) setting?	OYes		

 $\Im$  Store cleaning supplies and chemicals in air-tight containers up and away and out of the reach of children.

Keep medications up and away and out of the reach of children and in their original containers.

 $\Im$  Set hot water heater to the middle setting or lower (120 degrees).

Uacuum carpet and rugs at least once a week.

 $\overset{@}{ ext{ ll}}$  Put all ashtrays and a comfortable chair outside so smokers can smoke outside.

Additional detailed recommendations for the entire house are listed on the next page.

### Additional Detailed Recommendations for the Entire Home.

 $\Im$  Keep space heaters where children cannot touch them and away from anything that might catch on fire.

- ✓ Keep a list of important emergency contact phone numbers (poison control 1-800-222-1222, doctor, family members) in a place you can easily find them, such as on the refrigerator.
- ✓ *Test the batteries in your smoke detector once a month.*
- ✓ *Throw away unused/expired medications in the trash.*
- Place doormats at the entrances to your home.
- (S) Buy a carbon monoxide detector.
- () Buy a fire extinguisher.
- Buy a ceramic or oil-filled space heater to replace open-coil heaters.
- Buy tight fitting screens for all windows.
- Buy a kit to test your home for radon.
- Replace light bulbs with CFL bulbs, which do not get hot and save money.
  - 🕈 🖤 Ask your landlord to install a smoke detector near the door to each bedroom. (This is required by law).
  - 🖿 🖤 Ask your landlord to fix any broken windows or large holes/cracks in the walls or floor.
  - Ask your landlord to fix peeling or flaking paint if home was built before 1978. (Make sure a lead paint specialist is called).
- 🖻 🖤 Ask your landlord to fix leaky pipes.
- 🖀 🖤 Ask your landlord to have the dryer vented outside.

Living Room						
	Low Concern	Medium Concern	High Concern			
If your home was built before 1978, is there any chipped or peeling paint?	• No or House bui	lt after 1978	OYes			
Is it hard to move around the living room because there is so much clutter on the floor or against the walls?	ONO		OYes			
Are there cords or wires running across the floor in the room?	ONO		OYes			
Are all electrical outlets covered?	OYes	ONO				
Is there wet or moldy carpet (or a rug) in the room?	O <sub>No</sub>		OYes			
How often do you vacuum the living space?	Once a week or more	<b>D</b> <sub>1-3</sub> times per month	Less than once a month			
Are there any large cracks or holes in the floor/walls?			OYes			
Do you see any green, black, grey, white or brown growth or smell a musty odor?	ONO		OYes			
<ul> <li>If you have small children, use outlet covers in all your electrical outlets.</li> <li>Keep space heaters where kids cannot touch them and away from anything that might catch on fire.</li> <li>Vacuum carpet and rugs at least once a week.</li> <li>Keep space clutter from living room.</li> <li>Move cords alongside walls or use duct tape to tape to floor to prevent tripping and falls.</li> <li>Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.</li> <li>If the home was built before 1978, cover any chipping/flaking paint with duct tape (also see landlord below).</li> <li>We are cramic or oil-filled space heater.</li> <li>Ask your landlord to fix any holes and cracks in the floor or walls.</li> <li>Ask your landlord to clean or fix any mold growth.</li> <li>Ask your landlord to clean or remove carpeting that is moldy or damaged.</li> </ul>						

Kitchen			
	Low Concern	Medium Concern	High Concern
Do you ever use your oven to heat your home?			Oyes
Is there a hood with a working fan in your kitchen?	OYes, vents outside	<b>D</b> Yes, vents inside	O No
Does your kitchen have a window with a tight fitting screen?	OYes	OWindow, no screen	ONO
Is there a working refrigerator in the kitchen?	OYes		O No
Do you keep all food either refrigerated or in air-tight containers?	OYes		O No
Is your trash kept tightly covered?	OYes		<b>D</b> <sub>No</sub>
Do you see any green, black, grey, white or brown growth or smell a musty odor?			OYes
Do you see any bugs (roaches, ants, etc.) or droppings from mice or rats?			OYes
Safer Heating: <sup>(S)</sup> If you use your oven to heat your home, Less Moisture: ✓ Use fan or open window while cooking.	buy a ceramic or oil-fil	lled space heater.	

- ✓ Cover pots while cooking on stove, especially when boiling water.
- ✓ Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.
- ✓ Clean coils of refrigerator with a brush or vacuum.

📧 🖤 Ask your landlord about fixing any mold growth.

### Pest Control:

- ✓ Wash dishes immediately after eating.
- ✓ Seal all food or keep it in the refrigerator.
- ✓ *Clean up crumbs or spilled food right away.*
- ✓ Buy air tight containers to store food.

for Ask your landlord to have your home treated for pests if this is included in your rental contract.

(Solution) Call a pest control company to treat your home for pests if not included in your rental contract.

# Bedrooms

If you have more than three bedrooms, make two copies of this page & the next.



make two copies of this page & the	next.	Low Concern	Medium Concern	High Concern
	Bedroom 1	D <sub>No</sub>	$\Box_{\text{Yes}}$	
s t mattress on the floor?	Bedroom 2	ONO	Oyes	
	Bedroom 3	ONO	Oyes	
	Bedroom 1	ONO		OYes
s there wet or damp carpet n the room?	Bedroom 2	ONO		OYes
	Bedroom 3	ONO		OYes
	Bedroom 1	ONO		OYes
Do you see any green, black, grey, white or brown growth or mell a musty oder?	Bedroom 2	ONO		Oyes
smell a musty odor?	Bedroom 3	ONO		Oyes
	Bedroom 1	OYes		
Is there a smoke detector outside each room with working batteries	Bedroom 2	OYes		
nside?	Bedroom 3	OYes		
	Bedroom 1	ONO		Oyes
s it difficult to move around the oom because there is so much	Bedroom 2	ONO		OYes
elutter on the floor?	Bedroom 3	ONO		OYes
	Bedroom 1	ONO		OYes
Are any of the windows in the bedroom broken?	Bedroom 2	ONO		
	Bedroom 3	ONO		OYes
	Bedroom 1	OYes		
Are there tight fitting screens on all the windows?	Bedroom 2	OYes		
an me windows?	Bedroom 3	OYes		
	Bedroom 1	OYes		
Are all electric outlets covered?	Bedroom 2	OYes		
	Bedroom 3	OYes		

# Bedrooms Continued...

	I	Mallana Caraana	III al Canada
	-		High Concern
Redroom 1	$\mathbf{U}_{1x}$ /week or		$\Box$ Less than 1x/
Dear oom 1	more	month	month
	$\mathbf{O}_{1x/\text{week or}}$	<b>D</b> <sub>1-3x/</sub>	$\mathbf{O}_{\text{Less than } 1x/}$
Bedroom 2	more	month	month
	$\Box_{1x/\text{week or}}$	<b>D</b> <sub>1-3x/</sub>	$\Box$ Less than 1x/
Bedroom 3	more	month	month
D. J 1	$\Box_{1x/\text{week or}}$	<b>D</b> <sub>1-3x/</sub>	$\Box_{\text{Less than } 1x/}$
Bedroom 1	more	month	month
Bedroom 2	$\Box_{1x/\text{week or}}$	<b>D</b> <sub>1-3x/</sub>	$\Box$ Less than 1x/
	more	month	month
Bedroom 3	$\Box_{1x/\text{week or}}$	<b>D</b> <sub>1-3x/</sub>	<b>D</b> Less than 1x/
	more	month	month
Bedroom 1	D <sub>No</sub>		$\Box_{\text{Yes}}$
Bedroom 2	O <sub>No</sub>		OYes
Bedroom 3			OYes
Bedroom 1	O <sub>No</sub>		OYes
Bedroom 2	O <sub>No</sub>		DYes
Bedroom 3			Oyes
	Bedroom 3 Bedroom 1 Bedroom 2 Bedroom 3 Bedroom 1	moreBedroom 2Ix/week or moreBedroom 3Ix/week or moreBedroom 1Ix/week or moreBedroom 2Ix/week or moreBedroom 3Ix/week or moreBedroom 1NoBedroom 3NoBedroom 1NoBedroom 3NoBedroom 1NoBedroom 3No	Bedroom 1 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 2 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 3 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 2 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 3 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>1</sup> No <sup>1</sup> 1-3x/ more         Bedroom 3 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 3 <sup>1</sup> 1x/week or more <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>N</sup> No <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>N</sup> No <sup>1</sup> 1-3x/ month          Bedroom 1 <sup>N</sup> No <sup>1</sup> 1-3x/ month          Bedroom 2 <sup>N</sup> No <sup>1</sup> 1-3x/ month

 $\Im$  If you have small children, use outlet covers in all your electrical outlets.

 $\stackrel{[]}{=}$  If a family member has allergies, vacuum and change the sheets and pillow cases at least once a week.

🖳 Take stuffed animals out of the bedroom if your child has asthma or breathing problems.

- ✓ *Check smoke detectors once a month and replace the batteries if needed.*
- ✓ Keep the bedroom clutter free to make it easier to clean and keep away bugs.
- ✓ Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.
- ✓ If the home was built before 1978, cover any chipping/flaking paint with duct tape (also see landlord below).
- **(S)** *Raise mattress off the floor.*
- But dust mite covers on pillows and mattresses.
- I Purchase bed frame to raise mattress off the floor (you can find a cheap one at a thrift store).

Ask landlord to put smoke alarms outside each bedroom (this is required by law).

Ask landlord to clean any moldy areas.

1

Ask landlord to test chipping or flaking paint for lead and fix (make sure a lead specialist is called).

### Bathrooms

T

If you have more than two bathrooms, make two copies of this page.

		Low Concern Medium Concern	Hign Concern
Do you see any green, black, grey, white or brown growth or smell a	Bathroom 1	<b>N</b> o	Yes
musty odor?	Bathroom 2		<b>Y</b> es
Do you have any leaky pipes?	Bathroom 1	• No	<b>D</b> Yes
	Bathroom 2	<b>D</b> No	<b>O</b> Yes
Does your bathroom have a working fan?	Bathroom 1	<b>O</b> Yes	No
	Bathroom 2	<b>O</b> Yes	□ No
Is there any wet or moldy carpet in	Bathroom 1	<b>D</b> No	<b>O</b> Yes
your bathroom?	Bathroom 2	<b>D</b> No	<b>D</b> Yes
Does your bathroom have a window	Bathroom 1	O <sup>Yes</sup>	D No
that can be opened?	Bathroom 2	QYes	O No
Does your bathtub have a non-slip surface or mat?	Bathroom 1	<b>O</b> Yes	O No
	Bathroom 2	OYes	O No
Do you have a mercury thermometer?	Bathroom 1	<b>D</b> No	<b>O</b> Yes
bo you have a mercury mermometer?	Bathroom 2	□No	<b>T</b> Yes

Get rid of mercury thermometer.

- ✓ Use a mixture of water and detergent to clean moldy surfaces. Make sure to dry well.
- ✓ *Remove any water-damaged material.*
- $\checkmark$  When showering, run a fan or open a window.
- Wipe down damp surfaces after taking a shower or a bath.
- $\checkmark \mathfrak{S}_{Attach}$  rugs to the floor, so that they don't slip.
- Ask your landlord to fix any leaky pipes.
- 🗊 🛀 Ask your landlord to remove any moldy carpet and replace with other flooring.
  - T 🍧 Ask landlord to clean or fix moldy walls.
- $\mathbb{S} \xrightarrow{\mathcal{C}} Buy$  a non-slip mat for showers and bath tubs.
- Buy bathmats to minimize slipping.
- <sup>(S)</sup>*Purchase small fan to use while showering or bathing.*

# Basement and crawl space



	Low Concern	Medium Concern	High Concern
Is the basement damp?	ONO		$\Box_{\text{Yes}}$
Is the crawlspace damp or musty?	D <sub>No</sub>		OYes

- $\checkmark$  Check that downspouts and gutters drain away from the house.
- ✓ If water does not drain away from the house, move dirt to direct water away from the house.
- ✓ If your basement is damp, get rid of anything you have stored there.
- ✓ If your basement is damp, spend less time there.
- If damp basement has any carpeting, remove it (check with your landlord).
- (Solution & Construction & Section &
- **Buy gutter extenders to drain water away from the house.**



# Outside

	Low Concern	Medium Concern	High Concern
Are there any mice, rats or other pests in your yard?	D <sub>No</sub>		D <sub>Yes</sub>
Is there a trash can with a lid where you can store trash?	OYes		
If you have pesticides or chemicals, are they kept up and away from children and stored in their original containers?	OYes		
If you have gasoline or kerosene, are they stored up and away from children in containers designed for them?	OYes		
If your house was built before 1978, is there any chipped or flaking paint?			

 $\mathbb{Z}$ Keep children from playing in the yard directly below chipping paint.

 $\Im$  Store gasoline, kerosene, chemicals and pesticides up and away from children in tightly sealed containers.

✓ Clear clutter out of yard so pests don't have a hiding place.

Buy a trash can with a lid so your trash doesn't attract pests.

# Next Steps

Spend some time talking with your family to figure out what you would like to fix most.

 $\Im$  If you have small children, start with those items with a rattle next to them.

If you have family members with asthma or breathing problems, start with those items with an inhaler next to them.

 $\mathfrak{E}$  If anyone in your home has mobility issues, focus on items with a wheel chair next to them.

### Short Term Fixes

✓ Some problems with your home are easy to fix and do not involve spending any money. These have a check mark next to them. What are a few that you can do?

1	 	 	
2			
3	 	 	

### Call your landlord

There are some problems you can ask your landlord to fix. These items have a telephone and letter next to them. What items can you call your landlord about fixing?

1	 	 	 
<u> </u>	 	 	 
2	 	 	 
3	 	 	 

### **Bigger/More Expensive Fixes**

There are other fixes that your landlord won't help you with that may require spending a little money. If you have found any of these problems, what are the most important ones?

1	 	 
2		
3	 	 