

# Quick Bites & More June 2016

Quick Bites programs are offered through the Mississippi State University Extension Service and provide information in a wide variety of topics through interactive video. The programs are held during lunch (12-1) on Thursdays. Sessions will be held in Bost 409 for those who are on campus. Contact your county office to participate via interactive video.

## June 2, 2016

Hoorah for the Red, White and Blue Lynette McDougald - Instructor & Manager The University Florist

Lynette will demo some fun designs for patriotic holidays. We will focus on garden collectables, the impact of hot days on cut flowers and foliages, and designs that all ages of the family can enjoy!



### June 9, 2016 ~ No Program

June 23, 2016



#### How to Stretch Your Budget Using Coupons Latrell Stokes - Extension Agent - 4-H Oktibbeha County

Are you interested in learning basic couponing tips that can save you 50% or more on your grocery bill? If so, we have the workshop for you. LaTrell Stokes will be conducting How to Stretch your Budget Using Coupons. Join her for tips on starting, collecting, and saving.

## June 30, 2016

#### Mosquitoes and the New Zika Virus: What Can Mississippians Do to Protect Themselves? Dr. Jerome Goddard - Extension Professor of Medical & Veterinary Entomology

Zika virus, a mosquito-transmitted virus new to the Americas, has been in the news because of its devastating effects on unborn children. Due to people returning from travel to Central & South America and the Caribbean this summer, there is a possibility Zika virus may become established in the southern U.S. This talk will explore this new disease threat and provide ways for citizens to protect themselves.



County offices may sign up for these programs by going to: <u>http://msucares.com/distance\_ed/index.html</u> to use the online county sign up system, or email us at <u>DistanceEd@ext.msstate.edu</u>, or call our office.

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