



A Garden-Based Learning Program for Preschoolers

# STRAWBERRY

Strawberries are a **fruit**.

They grow in a **garden**.

Strawberries can be eaten  
raw or **cooked**.



Strawberries are  
**red**.

Fresh strawberries make a  
great **healthy** snack.

Strawberries are **good** for our **bodies**.





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# WATERMELON

Watermelon is a **fruit**.

It grows in a **garden**.

Watermelon is eaten **raw**.

Watermelons are **green**  
on the outside and **red** or  
**yellow** in the inside.



Watermelon is **good** for our **bodies**.

**MISSISSIPPI STATE**  
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Mississippi State University Preschool Garden Crew  
Departments of Food Science, Nutrition and Health Promotion & Plant and Soil Sciences  
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